

Friday 17th July 2020

Spelling

here

there

were

where

your

Handwriting

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m m

h h

Wake up, shake up challenge!

- Take part in the 'Sally up, Sally down challenge'

<https://www.youtube.com/watch?v=bql6sIU2A7k>



Wake up, shake up challenge!

- Joe Wicks 5 minute exercise challenge
- <https://www.youtube.com/watch?v=d3LPrhI0v-w>



Let's go outside! (10.00-10.45)

It's time to be 'Wild things!

Forest school.

If you are at home, it's time to go out for a walk!



Make your own lava lamp!

<https://tapestryjournal.com/s/john-randall-primary-school/observation/5610>



If you cannot access this via tapestry- here is a you tube link for you-
<https://www.youtube.com/watch?v=lvcPiDvmFJM>

Watch Newsround to find out what is happening in the world today...

https://www.bbc.co.uk/newsround/news/watch_newsround



Try the elephant drawing challenge:

<https://www.youtube.com/watch?v=PCdm48P4bbo>



PE challenge!

- Sports day challenge.
- Can you race your friends, brother, sister, mum or dad?
- Running
- Jumping
- Hopping
- Skipping
- Walking backwards
- Skipping sideways



Mile Track (1.45)

Home Learning Task ~ 15 minutes physical activity

