

John Randall Primary School and Nursery

Statement of Intent for Personal, Social, Health Education and Relationship and Sex Education

Intent

Why do we teach this? Why do we teach this in the way that we do?

At John Randall Primary School and Nursery our Personal, Social, Health Education (PSHE) programme of study is called JIGSAW. Alongside our whole school approach and ethos, this allows us to fulfil our statutory responsibilities to:

- Promote the physical, social and emotional well-being of pupils.
- Provide relationships education.
- Promote British Values through the spiritual, moral, social and cultural development of pupils.
- Provide a safe place for discussion of current, relevant social issues.
- Protect our children from radicalisation.

At John Randall Primary School, it is our intent that all children will be 'lifelong learners' with the confidence and ability to develop their individual skills and understanding of the world in which they live.

We share a cohesive vision to help children to understand and value how they and others fit into and contribute to the world. We have a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health through the delivery of a programme called 'JIGSAW'. This programme aims to prepare our children for life, helping them really know and value who they are and understand how they relate to other people in this ever-changing world. The schemes of work within this are designed to build on a child's previous learning year after year with each 'JIGSAW' piece linking. We also promote and practise mindfulness activities allowing children to advance their emotional awareness, concentration, and focus. This all supports the development of the qualities and attributes children need to thrive as individuals, family members and within their society and the global community.

Implementation

What do we teach? What does it look like?

The content of JIGSAW 3-11 offers a comprehensive Programme for Primary PSHE and Education for a connected world, including the statutory Relationships Education, Relationships and Sex Education (RSE) and Health Education in a progressive and fully planned document. This scheme is the basis for giving our children relevant learning experiences to help them navigate their world and to develop positive relationships with themselves and others.

To ensure high standards of teaching and learning in PSHE at John Randall Primary School, we deliver a curriculum that is progressive throughout the whole school and therefore designed to help the children to build upon and recall previous knowledge and skills with a whole school approach over the long term.

We use the scheme and personalise it to meet the needs of our children at John Randall Primary School. Progression in skills and knowledge in the subject is outlined in the PSHE progression grid. The curriculum for PSHE is delivered throughout our school, Foundation to Year 6, starting with a shared assembly each half term to introduce new topics. The six topics covered are:

- Being Me in My World
- Celebrating Difference
- Dreams and Goals

- Healthy Me
- Relationships
- Changing Me

Learning in each year group then takes place during weekly whole class Jigsaw lessons which explore the different themes. These themes are also embedded through all other lessons and the whole school day with everyone supporting and encouraging the children they interact with to use the skills they are developing and to make links to other areas of learning. The topics, Relationships and Changing Me, provide a clear and comprehensive scheme of work, which is in line with the recommendations of teaching RSE in the National Curriculum.

The teaching and learning of RSE is planned explicitly within each year group, using Jigsaw as a guide. Parents are informed of the content of the (yr5) RSE programme of work during a parent meeting and further support and clarification is given if required before delivery.

Our PSHE programme deals with the diverse beliefs, values and attitudes that individuals and societies hold. It helps pupils to develop themselves, their understanding of the world, and their ability to communicate their feelings. Children at John Randall also acquire an understanding of British values that are necessary if they are to make sense of their experiences, value themselves, respect others, appreciate differences and feel confident and informed as a British citizen.

We actively encourage learning to regularly take place out of the classroom using our extensive outdoor areas. We also have the opportunity to incorporate food into our educational offer through working with the professional chefs in school. We aim to broaden the children's palate and horizons, their relationship with healthy diets and wellbeing, with teachers linking our 'Healthy Me' segment and liaising with our chefs to present cross curricular opportunities to enhance this offer.

The PSHE leader ensures that teachers' subject knowledge and delivery is consistently of a high standard of delivery through regularly evaluating planning and outcomes from pupil conversations, pieces of children's work as well as discussions with colleagues.

Impact

What it will look like? By the time the children leave our school they will:

We feel the impact of our PSHE curriculum provides the children with opportunities to reflect and learn about themselves in a respectful, safe environment, guided by staff that value each and every child and their families.

Our PSHE curriculum will provide individuals with skills, attitudes, values and behaviour, which enable them to have a love of life and learning by:

- Having a sense of purpose
- Value self and others
- Form relationships
- Make and act on informed decisions
- Communicate effectively
- Work with others
- Respond to challenge
- Be an active partner in their own learning
- Be active citizens within the local community
- Explore issues related to living in a democratic society

- Recognise and apply the British Values of Democracy, Mutual respect, Tolerance, Rule of law and Liberty
- Become healthy and fulfilled individuals
- Be prepared for life now and also for their next steps including moving up to secondary school
- Develop positive and healthy relationships with their peers both now and in the future
- Understand the physical aspects involved in RSE at an age appropriate level
- Have respect for themselves and others and have positive body images

John Randall Primary School values 'Ready, Respectful, Safe' and inclusion for all, we want our children to be safe and happy so that they can excel in all aspects of life.

Hyper link to:

[Understanding relationships and health education in your child's primary school ~ a guide for parents.](#)