

John Randall Primary School and Nursery

Online Safety

February

Are you back to helping your child learn at home? We hope this article will provide you with some useful pointers.



Learning online

- Follow your school's rules on communicating and only use those approved channels to communicate with your teacher/school.
- When participating in any live teaching try to do this in a family area.
- Ensure appropriate clothing - no pyjamas etc.
- Set scheduled breaks from screen time.
- Only use web resources that your school have recommended or known reliable sources.



Keeping in touch

Is your child using a Conferencing app as part of keeping in touch with school such as Microsoft Teams, Google Meet or Zoom? This article provides you with some general advice to help you keep your child safe as well as further links tailored specifically to the app/platform they may be using:

<https://www.net-aware.org.uk/news/keeping-kids-safe-on-conferencing-apps/>

Test your Internet

Whilst no system is 100% perfect, filtering can reduce the possibility of your child seeing content that they shouldn't. You can test your broadband or mobile connection here:

<http://testfiltering.com/personal/>

Screen time

As children are at home learning, there may be an increase in how long spending online. This site offers age appropriate guidance relating to and how you can balance it and set boundaries.

<https://www.internetmatters.org/issues/screen-time/>

Would you
like to
deliver
online

your child is
screen time

Do you need further support?

ParentZone have produced a list of support services, helplines and reporting channels that you may find useful:

<https://parentzone.org.uk/article/where-report-and-get-support-during-lockdown>

You must be at least 16 years old to register for and use WhatsApp.

WhatsApp is a free messaging app that allows you to send messages and One of the main features is that it has a Group chat function that are set up by person (who is the admin). Everybody in the group, even if they're not one of child's phone contacts, will be able to see all messages. *If your child is added group with someone that they have previously blocked, that person can still see messages and send them messages through the group.* In settings, you can who can add your child to groups, for example, you can change the settings to contacts', which means that only those in your child's contacts can add them to a group (those not in their contacts will have to send them an invitation to add them first).

WhatsApp has been used in instances of online bullying, for example sending messages or sharing images of other children without their permission to embarrass them. We need to ensure we talk to our children about being kind **Encourage them to think about their digital footprint by thinking about the that they say, do and share online.** We also need to lead by example and the type of behaviour expected online. This is a really useful article to help your child online and how to be a positive role model:

<https://youngminds.org.uk/find-help/for-parents/parents-guide-to-support-a-z/parents-guide-to-support-social-media-and-the-internet/>

It's also important to note that WhatsApp has a live location feature which you to share your real-time location for a specific amount of time. You can your options in settings to never share your location. **If your child is using WhatsApp, then show them how to block and report contacts and remind child that they should talk to you or another trusted adult if they have any concerns.**

Further information

- <https://www.whatsapp.com/safety/>

Safer Internet

videos.
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Roblox

PEGI have rated Roblox PEGI 7 which means it is not suitable for persons under 7 years of age.

However, remember a PEGI rating does not take into consideration the presence of a chat facility.

What should I be aware of?

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online.
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model
support

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Grand Theft Auto

Is your child using Discord?
As with any

Grand Theft Auto, depending on which version played, is rated 18+ by PEGI, often because of language, glamourisation of crime and the depiction of drugs. **GTA is not suitable for those under this age.** Find out more about GTA here:

<https://www.net-aware.org.uk/networks/grand-theft-auto-san-andreas/>