

John Randall

Be Ready, Be Respectful, Be Safe

Year 1
Daily learning
5.3.2021

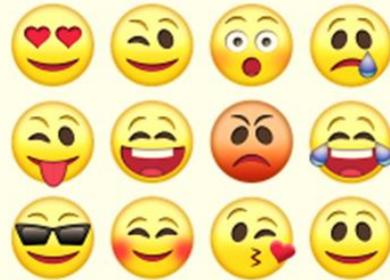
How are you feeling?

Changing feelings

Emotions and feelings change throughout the day and over time. Taking care of our mental health helps us to manage.

Feelings can grow or get stronger with time.

Some feelings seem to fade or pass over time.



Usually feelings that don't feel so good, don't last long.

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How do you feel today?

Can you draw an Emoji face to show your feeling?

Can you write a sentence to support your emoji face?

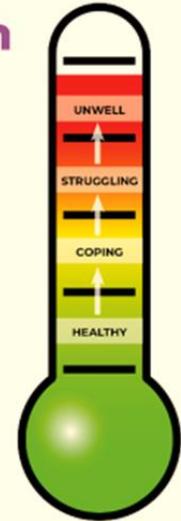
Thinking about mental health

Mental health can be thought of as a scale that can move up or down, a bit like a thermometer.

We can move along the scale at any time, between being healthy or unwell.

There are things we can do to help us stay healthy.

There are things that can be put in place if someone is not feeling so good, is struggling or unwell.



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Who can help?



Friend

Teacher

Parent

Childline website www.childline.org.uk

No-one

Childline text / phone line 0800 1111

Someone else

If your emotions feel all mixed up or you often have feelings that make you feel bad, talk to a trusted adult – they can help you find the right support.

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Handwriting (14A)

eleven eleven eleven

twelve twelve twelve

Spelling

lie

tied

field

relief

brief

Can you put these words into some sentences?

Phonics

Please follow link below and take part in the lesson.
If you are unsure which group you are in please ask.

Miss Daley's phonics group (set 1) –

<https://schools.ruthmiskin.com/training/view/Td2JtHk2/BcYd3AFU>

Mr Gregory's phonics group (set 2) –

<https://schools.ruthmiskin.com/training/view/zojZAGvf/HhUzIWEO>

Mrs McCurrach phonics group (set 3) –

<https://schools.ruthmiskin.com/training/view/4akWVLZL/qeoXufxD>

ALL - Try these red words (common exception words) from the story books.

<https://schools.ruthmiskin.com/training/view/u1hArx19/BDSCRd29>

Year 1 Punctuation ladder lesson -

Its Freestyle Friday. Use the five minute timer and try to use as many features from the punctuation ladder as you can in your sentences.

<https://www.youtube.com/watch?v=gBm5CDF3pPc>

Example -

Bob went to the shops.

It was cold at the park!

What time shall we come home?

Wow that slide is quick!

Talk to an adult – Did you find anything challenging about this lesson?

Year 1
.
Capital letter
Finger spaces
?
!
<u>Short</u>
<u>Compound</u> -and

English - Jack and the Beanstalk Review

Can you watch the version of Jack and the Beanstalk and then answer the following questions.

<https://www.youtube.com/watch?v=zurz-pL-uzw>

1. What did Jack take to the market?
2. What did Jack sell the cow for?
3. Why was Jack's mum angry?
4. How did the giant die?
5. How many times did Jack climb up the beanstalk?

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6 6 6 6 6 6 6 6 6 6 6 6
7 7 7 7 7 7 7 7 7 7 7 7

$$0 + 0 =$$

$$0 + 5 =$$

$$0 + 10 =$$

$$0 + 15 =$$

$$0 + 20 =$$

Talk to an adult - Which maths equipment can you use to help you answer the above questions?

Maths – mental maths

1

$11 + 7 =$

6

$9 + 10 =$

11

$\square - 5 = 1$

2

$2 + 16 =$

7

$9 - 2 =$

12

$\square + 3 = 7$

3

$\square - 2 = 10$

8

$7 + \square = 9$

13

$15 - 5 =$

4

$17 - 0 =$

9

$16 - 10 =$

14

$15 - 0 =$

5

$15 + 5 =$

10

$10 - \square = 7$

15

$13 + 5 =$

Common exception words

Please learn these five common exception words this week. You must be able to read and spell them correctly. Remember these common exception words are very important as they will help you read fluently. They are the words we used to look at every day after lunchtime and the red words in all the phonics books we started.

once

ask

friend

school

put

Can you put any of these words in a sentence?

PSHE – Healthy Me

Can you draw some pictures of Jigsaw Jack keeping healthy.

What should he be eating, what exercise should he do?

