

John Randall

Be Ready, Be Respectful, Be Safe

Year 1
Daily learning
5.2.2021

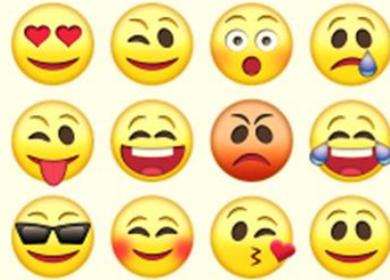
How are you feeling?

Changing feelings

Emotions and feelings change throughout the day and over time. Taking care of our mental health helps us to manage.

Feelings can grow or get stronger with time.

Some feelings seem to fade or pass over time.



Usually feelings that don't feel so good, don't last long.

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How do you feel today?

Can you draw an Emoji face to show your feeling?

Can you write a sentence to support your emoji face?

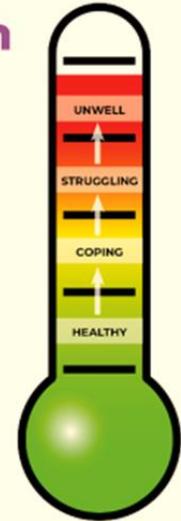
Thinking about mental health

Mental health can be thought of as a scale that can move up or down, a bit like a thermometer.

We can move along the scale at any time, between being healthy or unwell.

There are things we can do to help us stay healthy.

There are things that can be put in place if someone is not feeling so good, is struggling or unwell.



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Who can help?



Friend

Teacher

Parent

Childline website www.childline.org.uk

No-one

Childline text / phone line 0800 1111

Someone else

If your emotions feel all mixed up or you often have feelings that make you feel bad, talk to a trusted adult – they can help you find the right support.

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Handwriting (13A)

I was in a rage.

I had a sad face.

Spelling

Monday

Tuesday

Wednesday

Thursday

Friday

Can you put these words into some sentences?

Phonics

Please follow link below and take part in the lesson.
If you are unsure which group you are in please ask.

Miss Daley's phonics group (set 1) –

<https://schools.ruthmiskin.com/training/view/WoBclo12/HwaxDggY>

Mr Gregory's phonics group (set 2) –

<https://schools.ruthmiskin.com/training/view/89eXNU78/ZaIYFUdU>

Mrs McCurrach phonics group (set 3) –

<https://schools.ruthmiskin.com/training/view/wN7AJD8o/X4QuAHaU>

ALL - Try these red words (common exception words) from the green story books.

<https://schools.ruthmiskin.com/training/view/q8EpYj8g/cMGAj6TX>

Year 1 Punctuation ladder lesson -

Freestyle Friday time. Can you write as many sentences as you can in **five minutes** and use as many of the features from the punctuation ladder as you can.

Example -

I went to the shop.

What day is it today?

Sit down now!

Today it was raining **and** it was cold so I stayed inside.

Talk to an adult - tell me about what you were learning today.

Year 1
.
Capital letter
Finger spaces
?
!
<u>Short</u>
<u>Compound</u> -and

English - Independent write (on your own)

Today can you independently write about the Owl in the picture below.

Can you write some fully punctuated sentences telling me the :

Owls name and describe it (adjectives)

What it eats (diet)

Where it lives (habitat)

What it looks like (appearance)

And any other interesting facts.



Remember to use the punctuation ladder to help you use as many features as you can.

Can you use sub – headings?

Year 1

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**Capital
letter**

**Finger
spaces**

?

!

Short

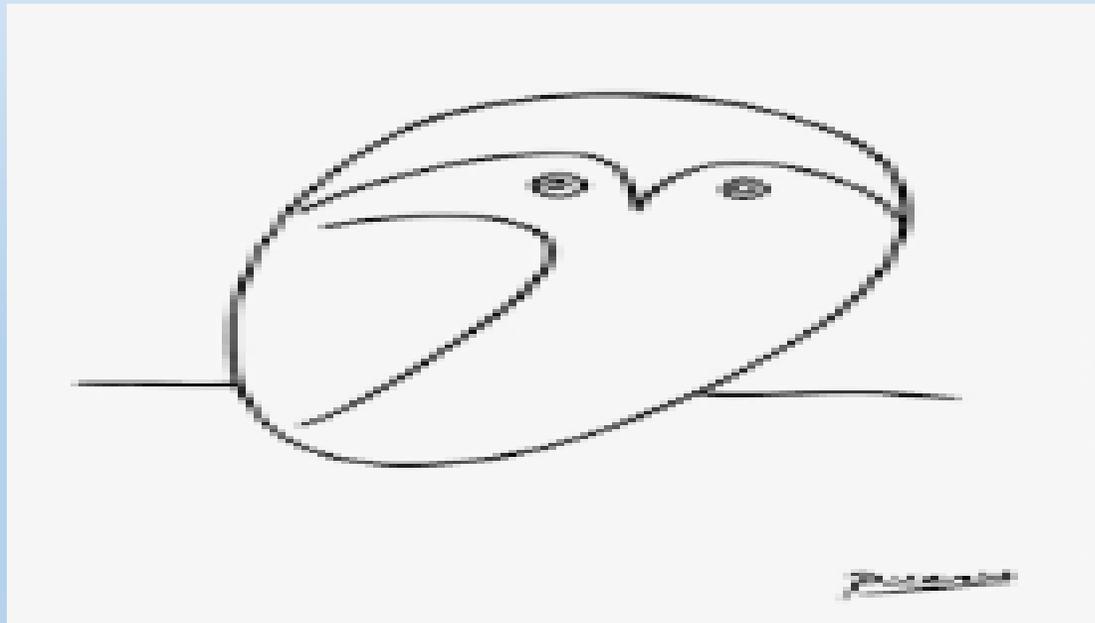
Compound
-and

Art - Pablo Picasso



Can you please research and write a sentence about who Pablo Picasso was and why he was famous.

Then can you look at his picture below and attempt to draw, paint or make it with objects at home or outside.



Talk to an adult - Tell me about what you were learning today.

Common exception words

Please learn these five common exception words this week. You must be able to read and spell them correctly. Remember these common exception words are very important as they will help you read fluently. They are the words we used to look at every day after lunchtime and the red words in all the phonics books we started.

me

she

we

no

go

Can you put any of these words in a sentence?

PSHE – Jigsaw



Stretchy learning

How does it feel when you start to learn something new?

Today can you try the following challenge (below) and maybe answer the above question again at the end of the challenge and see if your answer changed.

Step 1 – Draw round your hand to make a hand print.

Step 2 – Cut out your hand print.

Step 3 – Decorate your hand print to make it look like a flower.

Step 4 – Stick a lolly pop stick or pipe cleaner to the other side and now you have a handprint flower.

Please send into me all your lovely designs.