

**John Randall**

Be Ready, Be Respectful, Be Safe

Year 1  
Daily learning  
21.1.2021

# How are you feeling?

## Changing feelings

Emotions and feelings change throughout the day and over time. Taking care of our mental health helps us to manage.

Feelings can grow or get stronger with time.

Some feelings seem to fade or pass over time.



Usually feelings that don't feel so good, don't last long.

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How do you feel today?  
Can you draw an Emoji face to show your feeling?

## Thinking about mental health

Mental health can be thought of as a scale that can move up or down, a bit like a thermometer.

We can move along the scale at any time, between being healthy or unwell.

There are things we can do to help us stay healthy.

There are things that can be put in place if someone is not feeling so good, is struggling or unwell.



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## Who can help?



Friend

Teacher

Parent

Childline website [www.childline.org.uk](http://www.childline.org.uk)

No-one

Childline text / phone line 0800 1111

Someone else

If your emotions feel all mixed up or you often have feelings that make you feel bad, talk to a trusted adult – they can help you find the right support.

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21.1.2021

Handwriting (12A)

three three three three three  
four four four four four four

Spelling (common exception words)

was

is

his

has

I

*Can you put these words into a sentence?*

# Phonics

**Please follow link below and take part in the lesson.  
If you are unsure which group you are in please ask.**

Miss Daley's phonics group (set 1) –

<https://schools.ruthmiskin.com/training/view/MwA3Pnmz/AMWtrIM5>

Mr Gregory's phonics group (set 2) –

<https://schools.ruthmiskin.com/training/view/6IK0zI3y/jXI9vjCe>

Mrs McCurrach phonics group (set 3) –

<https://schools.ruthmiskin.com/training/view/FlZaIQNp/H8xzItkk>

**Talk to an adult - How do you think learning in this subject today will be of use to you in the future?**

# Year 1 Punctuation ladder lesson

Can you write **three** questions the owl babies may have asked mummy owl when she returned.

Remember a question can be answered.

## Example

Why were you so long mummy?


Did you bring us back any food?

Can we come with you next time?

Year 1
.
Capital letter
Finger spaces
?
!
<u>Short</u>
<u>Compound</u> -and

# English – Owl Babies punctuation

Can you read the page of owl babies (below) and look for all the different types of punctuation used by the author and then write a list of what you found and why you think they have been used.



"Where's Mummy?" asked Sarah.  
"Oh my goodness!" said Percy.  
"I want my Mummy!" said Bill.  
But their owl mummy didn't come...

## Year 1

.

**Capital letter**

**Finger spaces**

?

!

Short

Compound  
-and

Talk to an adult - Is there anything that made it difficult for you to follow the lesson/learning today?

# Maths - Fluent in five

0 0 0 0 0 0 0 0 0 0 0 0

1 1 1 1 1 1 1 1 1 1 1 1

$$5 + 5 =$$

$$7 + 7 =$$

$$3 + 3 =$$

$$10 + 10 =$$

$$6 + 6 =$$

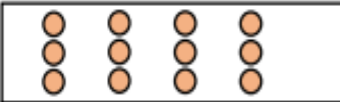
# Maths – Addition and subtraction within 20

Which is greater?



By how many?

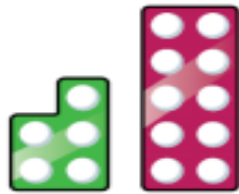
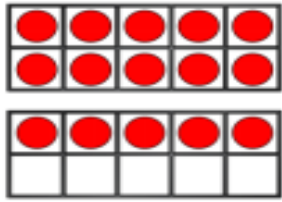
Use 'less than', 'greater than', or 'equal to' to complete the sentences.

	is _____	
	is _____	
	is _____	

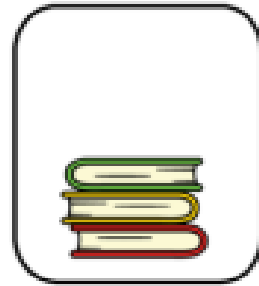


# Maths - Reasoning and problem solving

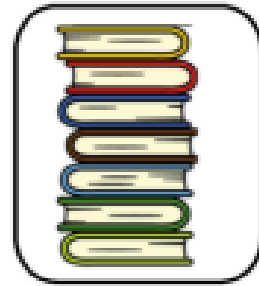
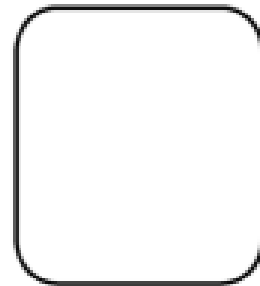
Which image is the odd one out?  
Why?



How many books can go in the empty box?



Least



Most

Talk to an adult – How do you think this lesson has helped you build your knowledge?

# Common exception words

Please learn these five common exception words this week. You must be able to read and spell them correctly. Remember these common exception words are very important as they will help you read fluently. They are the words we used to look at every day after lunchtime and the red words in all the phonics books we started.

was

is

his

has

I

Can you put any of these words in a sentence?