

**John Randall**

Be Ready, Be Respectful, Be Safe

Year 1  
Daily learning  
1.3.2021

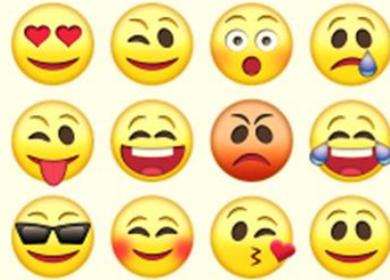
# How are you feeling?

## Changing feelings

Emotions and feelings change throughout the day and over time. Taking care of our mental health helps us to manage.

Feelings can grow or get stronger with time.

Some feelings seem to fade or pass over time.



Usually feelings that don't feel so good, don't last long.

© PSHE Association 2020

13

How do you feel today?

Can you draw an Emoji face to show your feeling?

Can you write a sentence to support your emoji face?

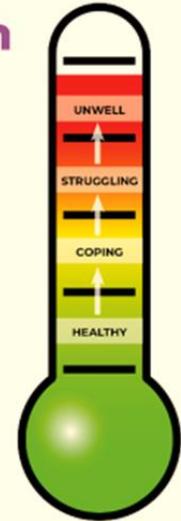
## Thinking about mental health

Mental health can be thought of as a scale that can move up or down, a bit like a thermometer.

We can move along the scale at any time, between being healthy or unwell.

There are things we can do to help us stay healthy.

There are things that can be put in place if someone is not feeling so good, is struggling or unwell.



© PSHE Association 2020

7

## Who can help?



Friend

Teacher

Parent

Childline website [www.childline.org.uk](http://www.childline.org.uk)

No-one

Childline text / phone line 0800 1111

Someone else

If your emotions feel all mixed up or you often have feelings that make you feel bad, talk to a trusted adult – they can help you find the right support.

© PSHE Association 2020

16

1.3.2021

Handwriting (14A)

three three three three three

four four four four four

Spelling

lie

tied

field

relief

brief

*Can you put these words into some sentences?*

# Phonics

Please follow link below and take part in the lesson.  
If you are unsure which group you are in please ask.

Miss Daley's phonics group (set 1) –

<https://schools.ruthmiskin.com/training/view/hZ8feQSY/Z9eXdqay>

Mr Gregory's phonics group (set 2) –

<https://schools.ruthmiskin.com/training/view/CIhl61O1/tn6C6PoB>

Mrs McCurrach phonics group (set 3) –

<https://schools.ruthmiskin.com/training/view/aQ1YdqaH/6b9qIU4Q>

**ALL** - Try these red words (common exception words) from the story books.

<https://schools.ruthmiskin.com/training/view/E81Va7DI/BtqTIC8i>

# Year 1 Punctuation ladder lesson -

Can you write three (3) short sentences about your weekend. Remember **capital letters**, **finger spaces** and different ways to finish your sentence.

## Example -

**I** went for a long walk.

**O**n **S**aturday I cleaned the house!

**I** went to bed early on **S**unday **because** I have school on **M**onday.

Talk to an adult – Did you find anything challenging about this lesson?

Year 1
.
Capital letter
Finger spaces
?
!
<u>Short</u>
<u>Compound</u> -and

# English – Character adjectives



Can you draw each character and write a short sentence for each and include **adjectives** (describing words) and then can you make it a compound sentence by using conjunctions **and / because**.

## Example

Jack was **tired** from climbing up the beanstalk.

Jack was **tired** from climbing up the beanstalk **because** it was so high.

Talk to an adult - When you ask for help and get feedback from your teacher does that usually help you?

# Maths – Fluent in five

8 8 8 8 8 8 8 8 8 8 8 8

9 9 9 9 9 9 9 9 9 9 9 9

$$30 - 2 =$$

$$30 - 4 =$$

$$30 - 6 =$$

$$30 - 8 =$$

$$30 - 10 =$$

Talk to an adult - Which maths equipment can you use to help you answer the above questions?

# Maths – Compare objects within 50

Watch the link and answer the questions.

<https://whiterosemaths.com/homelearning/year-1/spring-week-6-number-place-value-within-50/>

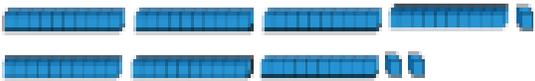
Teddy and Eva each have some muffins.  
Who has more muffins?  
Which picture helps you to compare?

\_\_\_ is more than \_\_\_  
\_\_\_ > \_\_\_  
\_\_\_ has more muffins.

Teddy  Eva 

Teddy  Eva 

Fill in the blanks:



Is less than  
 <

Is more than  
 >

# Maths – Reasoning and Problem Solving

Jack and Eva are playing a game.  
They each collect a handful of cubes.  
They arrange their cubes to see who has more.

Jack   
Eva 

Jack says:

I have more.



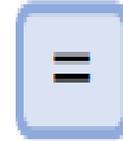
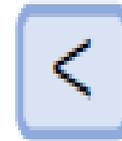
Eva says:

I have more.

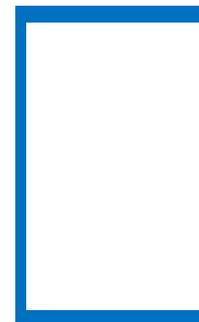
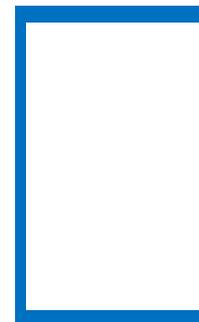


Who is right?

Pick a card.



Draw pictures in the boxes to make the comparison true.



# Common exception words

Please learn these five common exception words this week. You must be able to read and spell them correctly. Remember these common exception words are very important as they will help you read fluently. They are the words we used to look at every day after lunchtime and the red words in all the phonics books we started.

once

ask

friend

school

put

Can you put any of these words in a sentence?

# Art – Create mask for the masked reader event on Thursday

On Thursday for World Book Day we will be playing the Masked reader game. Children in class will be designing masks and we will post videos of them reading for you to guess who is reading. Please design your own masks at home and post some videos of you wearing them and reading a few sentences and we will see if the children in class can guess who is reading.

Here are some ideas for your masks design.



# Picture News – What can you do 100 times?

## Captain Sir Tom Moore's 100 Challenge



Pictured: Ella Howard with 100 marble effect hearts

Thank you to every one of you who took up the challenge of doing something 100 times to raise awareness for something you care about as a tribute to Captain Sir Tom Moore, who died on 2<sup>nd</sup> February. Here are just a few of your amazing challenges! Photos are school's own.



Pictured: Connor Blackmore spent 100 minutes collecting 302 pieces of rubbish. Very well done, Connor!



Pictured: Year 2s at St Joseph's RC School, Plymouth completing 100 hooplas each!

